

MÁLAGA,  
March 30th -  
April 1st, 2023 **SPAIN**



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# WELCOME TO THE IFTA CONGRESS

Dear Colleagues,

Welcome to Málaga, Spain! This is the International Family Therapy Association's 2023 World Family Therapy Congress.

This is another of those rare and wonderful opportunities in which we can renew ourselves and enrich our practice skills in family therapy. The goal for the congress, in a larger sense, is the same as it has been since IFTA was founded in 1987: Advancing family therapy worldwide by promoting research, education, sound practice, and promoting international cooperation. We hope that this Congress facilitates an exchange of knowledge and ideas that support the health and well-being of families and other human systems. The Congress provides magnificent opportunities for face-to-face sharing of ideas and networking with colleagues from various parts of the globe.

The 2023 Congress Committee invites family therapists to explore both new and familiar ways to assist families.

We live simultaneously in "one world" and many worlds. Thus, family therapy is a mutual, interactive process in which we learn new ways from colleagues from many lands. Communicating and networking among over 300 therapists from over 40 countries during this congress will provide professional contacts and information to support the exchange of knowledge and the growth of family therapy in many countries.

We hope you will share and learn about dealing with old, familiar problems and new, unfamiliar challenges we may not have faced previously.

*Desiree Seponski*

Desiree Seponski, Ph.D.  
President

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## WHAT IS IFTA?

The International Family Therapy Association was an outgrowth of the East-West Bridging Congress conducted in Prague in 1987 with Virginia Satir and Donald Bloch as the Honorary Vice Presidents. After two years of organizational work including creating a Founding Board of Directors, with Virginia Satir on the Founding Board, IFTA launched its first World Family Therapy Congress in Dublin, Ireland, 1989.

Since then, IFTA has become the professional association for those interested in the field of marriage and family therapy throughout the world. As such, it is the only organization that provides unity for therapists from east to west, respecting traditional approaches and embracing the tradition of tomorrow.

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## CONFERENCE CODE OF CONDUCT

World Family Therapy Congresses are a unique meeting place for the world-wide family of family therapists. The Congress Board desires that the experience of this congress be one of the highlights of your year.

As we look forward to another exciting congress, we want to remind everyone that the World Family Therapy Congress is dedicated to providing a harassment-free experience for everyone, regardless of factors such as sex, gender, gender identity and expression, sexual orientation, ability, physical appearance, body size, race, ethnicity, nationality, culture, or religion.

Harassment may take a variety of forms and in a variety of environments, including in-person or online. Attendees asked to stop any harassing behavior are expected to comply immediately. If a participant engages in harassing behavior, the congress organizers may take any action they deem appropriate, from warning the offender to expulsion from the congress. If you are being harassed or notice that someone else is being harassed, please contact a member of the conference staff immediately. Their names and pictures are listed in the Congress Program.

Congress staff will be happy to help participants contact hotel/venue security or local law enforcement, provide escorts, or otherwise assist those experiencing harassment to feel safe for the duration of the conference. We value you, your safety and your attendance.

We expect all conference participants to be professional, considerate, respectful and collaborative. Please silence mobile devices during presentations, do not interrupt others who are speaking, and avoid using shared WiFi/bandwidth to download large files. **DO NOT RECORD ANY LIVE DEMONSTRATION THERAPY WORKSHOPS.**

We appreciate your help in making the World Family Therapy Congress the very best it can be.

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## MISSION STATEMENT

**Adopted December 2005**

The cornerstone of every society is the family. With the support of its members, the International Family Therapy Association (IFTA) provides international conferences to promote, strengthen and improve the quality of family therapy, the quality of relationships within families and to promote well being and peace within our world.

IFTA, working in a collaborative spirit with other professionals and organizations around the world who share its mission, also promotes continuing education for family therapy professionals in the development of international quality standards for marriage and family therapists in order that they may better assist families in the communities in which they serve.

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## OVER 30 YEARS OF IFTA

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# PLENARY SPEAKER

PAULINE BOSS, Ph.D.

Keynote Topic: Ambiguous Loss in a Time of Anxiety and Change: Therapy and Interventions for the Global Family



Pauline Boss, PhD, Professor Emeritus at the University of Minnesota is a Fellow in the American Psychological Association and the American Association for Marriage and Family Therapy, and a former president of the National Council on Family Relations. She practiced family therapy for over 40 years. With her groundbreaking work in research and practice, Dr. Boss coined the term ambiguous loss in the 1970s and since then, developed and tested the theory of ambiguous loss, a guide for working with families of the missing, physically or psychologically. Dr. Boss summarized her research and clinical work in her now classic book, *Ambiguous Loss: Learning to Live with Unresolved Grief* (Harvard University Press, 2000). In addition to over 100 peer reviewed academic articles and chapters, her other books include *Loss, Trauma, and Resilience: Therapeutic*

*Work with Ambiguous Loss* (W. W. Norton, 2006) and *Loving Someone Who Has Dementia* (Jossey-Bass, 2011). Her most recent writing, with updates on ambiguous loss, is the widely acclaimed book, *The Myth of Closure: Ambiguous Loss in a Time of Pandemic and Change* (W. W. Norton, 2022). Her work is known around the world wherever ambiguous losses occur, and thus her books are now available in 18 different languages spanning the globe. For more information about Dr. Boss, her writings, and the ambiguous loss online training program, see [www.ambiguousloss.com](http://www.ambiguousloss.com).

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Dr. Pauline Boss will discuss her theory of ambiguous loss and its application which has now gone around the world--from family members disappeared and missing physically to the psychologically missing from dementia, addictions, and serious mental illnesses. With focus on context and culture, she describes ambiguous loss, how it differs from death, and its systemic symptoms, and why closure is a myth. Because traditional grief therapies do not work with ambiguous loss, Dr. Boss encourages embracing the paradox of absence/presence with both/and thinking--and presents six tested guidelines for therapy and interventions based on meaning, mastery, identity, ambivalence, attachment, and new hope. Finally, she emphasizes self-care for therapists since, with ambiguous losses that have no resolution, we, too, must increase our tolerance for ambiguity. We, too, must be able to hold unanswered questions.

# PROGRAM AT A GLANCE

## Wednesday, March 29, 2023

**14:00-17:00** Registration for Congress  
\*No meetings or workshops\*

## Thursday, March 30, 2023

**07:00-16:00** Registration Hours  
**08:30-09:15** Presentations/Workshops  
**09:30-10:15** Presentations/Workshops  
**10:15-10:45** Recess/Break  
**10:45-11:30** Presentations/Workshops  
**11:45-12:30** Presentations/Workshops  
**12:45-13:30** Presentations/Workshops  
**13:30-14:15** Presentations/Workshops  
**14:15-15:00** Recess/Break  
**15:15-16:00** Presentations/Workshops  
**16:15-17:00** Presentations/Workshops

## Friday, March 31, 2023

**08:00-16:30** Registration Hours  
**08:30-09:15** Presentations/Workshops  
**09:30-10:15** Presentations/Workshops  
**10:15-10:45** Recess/Break  
**10:45-12:30** Plenary Address:  
Pauline Boss, Ph.D.  
**12:45-13:30** Presentations/Workshops  
**13:30-14:15** Recess/Break  
**13:45-15:00** Poster Presentations  
**15:15-16:00** Presentations/Workshops  
**16:15-17:00** Presentations/Workshops

## Saturday, April 1, 2023

**08:00-16:30** Registration Hours  
**08:30-09:15** Presentations/Workshops  
**09:30-10:15** Presentations/Workshops  
**10:15-10:45** Recess/Break  
**10:45-11:30** Presentations/Workshops  
**11:45-12:30** Presentations/Workshops  
**12:45-13:30** Presentations/Workshops  
**13:30-14:15** Recess/Break  
**14:15-15:00** Presentations/Workshops  
**15:15-16:00** Presentations/Workshops  
**16:15-17:00** Presentations/Workshops

# MÁLAGA, SPAIN

Thursday, March 30, 2023



The Supervision Track in the 2023 World Family Therapy Congress is designed to meet the workshop requirements for those seeking to accrue the hours for the Certified Systemic Supervisor (CSS) credential. These seven workshops on Thursday are all eligible for use in pursuing the academic requirements of the CSS certification.

**Pre-Registration is required to attend these sessions.**

All sessions will take place in the Exposiciones room.

- 08:30-09:15      **Learning from the best or the worst? Rethinking systemic training**  
William Northey
- 09:30-10:30     **Virtual Reflecting Teams in Bilingual Therapy and Supervision with Latino/a Families**  
Carlos Ramos & Julian Crespo
- 10:45-11:30     **Men and women supervising in the intersectional world \***  
Mark Rivett & Hannah Shebersky
- 11:45-12:30     **Systemic Supervision for Professionals Working With Chronic and Demanding Life Situations**  
Sari Lindeman & Lennart Lorås
- 12:45-13:30     **What would you do? A roundable discussion on supervision of two cases**  
Senem Zeytinoğlu-Saydam
- 14:15-15:00     **Systemic Supervision in Context**  
William Northey & Mark Rivett
- 15:15-16:00     **Systemic Supervision Contextualized**  
Moderated by William Northey & Mark Rivett

\* This presentation does not qualify for CEUs

# 2023 IFTA CONGRESS PROGRAM

Wednesday March, 29 2023

14:00-17:00 Registration Open

Thursday, March 30, 2023

07:30-16:00 Registration Open

08:30-09:15 Workshops (45 min.) and Consecutive Brief Section (20 min.) Room

**Learning from the best or the worst? Rethinking systemic training** Exposiciones

William Northey-USA  
Sofia Georgiadou-USA

Research suggests that people learn better from other's people mistakes and learn similarly from successes. So, is it time to flip the script? We will explore how using different types of video recordings might contribute to competency development in a variety of contexts for systemic family therapists.

45min  
Supervision

**Immigrants' and Refugees' Life Journeys Across the Globe** Tribuna

Manijeh Daneshpour-USA  
Claire Gilchris-USA

Since immigration is a fundamental aspect of human history, the essence of human challenges going from one ecological context to another and the ways psychotherapy can be an instrumental tool to help people understand these challenges is the focus of this presentation.

45min

**Multidirected partiality: An untapped resource to move us toward more just systemic therapy education** Consejo

Ashley Hicks-USA

This presentation discusses multidirected partiality, a key concept from contextual therapy theory, and its use as a method to engage in socially just clinical education. Examples of how one might use multidirected partiality in their role as systemic therapy students, supervisors, educators, and/or administrators will be provided.

45min

**South Asian men in therapy: An intersectional framework for what we know, do, and need \*** Convenciones

Mudita Rastogi-USA  
Neil Venketramen-USA

Systemic family therapy with men of South Asian origin must necessarily include culturally sensitive considerations. These clients' experience in therapy, and their needs are not well-documented in the literature. This presentation will highlight key client concerns, effective conceptual and clinical interventions, as well as gaps in the literature.

45min

**A Multicultural Approach for Clinical Supervision** Ejecutivo

Aida Jimenez-Puerto Rico

This workshop presentation is a theoretical-experiential one oriented to increasing multicultural knowledge and skills when working with diverse populations. In this workshop, we will be presenting the Multidimensional Ecological Model (MECA) that promotes multiple identities in different ecosystems between supervisor/therapist and clients.

45min

**Sweet & Sour Story - Short term therapy of blended families** Junta

Cheli Bolless-Israel

To the sweet taste of building a new family, blended families might face a sour taste of parenthood difficulties, lack of authority, undefined boundaries and stress. Holistic approach, using business tools such as Attractiveness Map and Players Map, assist the therapist in integrating all the players into the therapeutic process.

20 min

\* This presentation does not qualify for CEUs

<b>Training MFT Students in Culturally Attuned Use of PCOMS with Couples</b>		Junta
Jennifer Cates-USA	Findings of a pilot study using Partners for Change Outcome Management System (PCOMS) with marriage and family therapy students working with couples during practicum will be presented. Successes and challenges in training students to implement PCOMS with couples will be discussed, including intentional broaching of cultural context with PCOMS use.	20 min
<b>Mindful Family Sculpting Workshop Part I</b>		Forum
Linda Bell-USA	"This workshop starts with a mindfulness exercise, an overview of mindful therapy practices, and the impacts of mindfulness on the therapist. Instruction in mindful family sculpting follows. A 10-step process is presented, demonstrated, and practiced. A discussion of how to use sculpting with student and clients follows."	45 min
09:30-10:15	Workshops (45 min.) and Consecutive Brief Section (20 min.)	Room
<b>Virtual Reflecting Teams in Bilingual Therapy and Supervision with Latino/a Families</b>		Exposiciones
Carlos Ramos-USA Julian Crespo-USA	As bilingual therapists and supervisors, we facilitate systemic conversations with our Latino and Spanish-speaking clients at Our Lady of the Lake University's training clinic. This presentation focuses on the use of virtual reflecting teams to facilitate shifts in conversations with Latino/a clients.	45min Supervision
<b>The Lived Experiences of Recently Graduated Marriage and Family Therapists Working with Refugees and Immigrants</b>		Tribuna
Cristina Plaza Ruiz-USA	This study underscores the idea that for MFTs work with immigrants and refugees, they must be trained in settings that foster difficult conversations about culture and inequalities by a family systems lens, as well as a posture of flexibility, curiosity, self-awareness, humility, and adaptability.	45min
<b>Getting Published in Family Therapy Journals: Pitfalls and Possibilities</b>		Convenciones
Todd Edwards-USA	Do you have innovative ideas that you want to share with the family therapy community? Does the world of academic journals seem mysterious? Join the Editor of the International Journal of Systemic Therapy to learn about ways to navigate the publication process and translate your work into a published article.	45min
<b>Assessing for Family Violence in the Room *</b>		Ejecutivo
Margaret Hodge-Australia	Assessing for Family Violence/Domestic Violence in the room with couples/families. In Australia family counselling and family counsellors (therapists) under the Family Law act defines responsibilities that are more specific than those of a relationship counsellor. We will discuss how to assess in the room of F/V exist.	45min
<b>The intersection of clients and clinicians' cultural identities: A supervisory tool</b>		Junta
Jamie Banker-USA	This presentation focuses on teaching and supervision strategies to help family therapy trainees 1) explore their own socio/political and cultural identities, 2) identify their client's cultural identities and 3) learn how the therapists and clients' identities intersect to influence the therapeutic process. A supervisory tool will be provided.	20 min

\* This presentation does not qualify for CEUs



<b>Vicarious Post-traumatic Stress in the Spouses of First Responders with PTSD</b>		Junta
Robert Gillespie-USA	Our understanding of Post-traumatic Stress continually evolves. DSM-5 introduced the idea of PTSD being triggered by a close family member experiencing trauma; however, vicarious traumatic effects on spouses of first responders with PTSD has been little explored. This presentation explores these effects through a case history approach.	20 min
<b>Mindful Family Sculpting Workshop Part II</b>		Forum
Linda Bell-USA	"Continue the exercise of mindful family sculpting in groups of three. Sharing of this exercise. Discussion of using family sculpting with students as well as clients. And a focus on how to present this workshop. Demonstrations, questions, and discussion conclude the workshop."	45 min
10:15-10:45	Recess Break	
10:45-11:30	Workshops (45 min.) and Consecutive Brief Section (20 min.)	Room
<b>Men and women supervising in the intersectional world *</b>		Exposiciones
Mark Rivett-United Kingdom	This presentation on the Supervision Track will explore gender dynamics between men and women in the process of supervision. The emphasis will be on power and intersectionality in the era of the MeToo Movement.	45min
Hannah Shebersky-United Kingdom		Supervision
<b>Working Safely With Couples Experiencing Intimate Partner Violence</b>		Tribuna
Chelsea Spencer-USA Sandra Stith-USA	This short presentation addresses strategies for safely treating couples who have experienced Intimate Partner Violence (IPV). The presentation is based on clinical and research experiences of both presenters and the 2007 book co-authored by the first author on finding safe solutions in treating couples together after they have experienced IPV.	45min
<b>Culture shifts in CFT training: Person of the Therapist</b>		Consejo
Margaret MacLeod-USA Anthony Pennant-USA Zain Shamoon-USA Cayla Minaiy-USA	Learn of contemporaneous implementation of Person of the Therapist training at Antioch University Seattle's COAMFTE accredited Couples and Family Therapy Program. The presentation will describe the shifts occurring in training relational therapists, including the need to center culturally diverse voices in various contexts in the classroom.	45min
<b>Wear Your Heart on Your Sleeve: How Style Therapy Allows One to Self Express and Heal Through What They Wear.</b>		Convenciones
Melanie Hussain-USA	Clothing has a way to help us heal, one's personal style is a direct representation to how they feel. Self expression is not only through our words, but also through what we wear. This presentation will highlight the impact Style Therapy has on one's personal growth.	45min
<b>Supporting Clients with Fertility Challenges: A Reproductive Justice Lens</b>		Ejecutivo
Jennifer Sampson-USA	This session will provide an introduction to mental health concerns related to client fertility and reproductive challenges. The presenter will introduce a foundation to fertility treatments through a reproductive justice lens as they are related to assessment and treatment of individuals, couples, and families looking to explore reproductive options.	45min
<b>Expectations of Couples Presenting for Therapy</b>		Junta

\* This presentation does not qualify for CEUs

Abraham Greeff-South Africa	A qualitative approach was chosen regarding the expectations of 10 couples visiting a family therapy centre in South Africa. It was found that couples expected therapy to be helpful, to be active participants in therapy, and therapist to create a supportive environment that focused on the couple's needs.	20 min
<b>Innovations in Systemic Clinical Training: Theory and Application</b>		<b>Junta</b>
Elaine Willerton-USA	The diverse experiences and educational needs of family therapy trainees necessitates innovative approaches to meet those needs. Utilizing the Universal Design for Learning provides supervisors a lens to create engaging and accessible learning environments, which will be explored in this interactive workshop designed for clinical training and supervision.	20 min
<b>Systemic Family Therapy and Global Health Issues: An overview *</b>		<b>Forum</b>
Mudita Rastogi-USA Reenee Singh-United Kingdom Sarah Helps-United Kingdom Todd Edwards-USA	Volume 4 of The Handbook of Systemic Family Therapy captures key mental health issues around the world. The authors attend to theory, research, and clinical practice in our field that impacts global health. This presentation will highlight concepts, communities, and themes that are sparsely represented in the systemic therapy literature.	20 min
<b>Family therapy and Parallel Universes</b>		<b>Forum</b>
Glenn Lerner-Australia	If cosmologists and physicists are right about cosmic inflation and parallel universes and recent evidence suggests they could be, what might this mean for those of us working in a therapeutic universe? This brief presentation will tentatively explore such questions and their relevance for systemic theory and family therapy.	20 min
11:45-12:30	Workshops (45 min.) and Consecutive Brief Section (20 min.)	Room
<b>Systemic Supervision for Professionals Working With Chronic and Demanding Life Situations</b>		<b>Exposiciones</b>
Sari Lindeman-Norway Lennart Lorås-Norway	Some within the systemic field expresses skepticism towards the nomothetic knowledge that is acknowledged in psychotherapy in general. This creates an unfortunate scientist-practitioner gap. We rather suggest the usage of Evidence Based Practice that would elevate the systemic field's professional level and exchange with adjacent fields.	45min Supervision
<b>Treating Severe Trauma with Internal Family Systems Therapy</b>		<b>Tribuna</b>
Larry Chamow-USA	Internal Family Systems Therapy developed by Richard Schwartz was initially designed to work with clients who had experienced trauma. This workshop will use a case presentation with some participant involvement to demonstrate how IFS can be used to treat severe trauma. Some familiarity with IFS concepts would be useful.	45min
<b>Co-occurring individual depressive symptoms and relational distress. Where to focus?</b>		<b>Consejo</b>
Terje Tilden-Norway	Couples in therapy often present a co-occurrence of individual symptoms and relational distress. Thus, the clinician's challenge is where to focus. In this study, such co-occurrence has been addressed, finding that change in relational functioning predicted change in individual symptoms. Clinical and empirical implications will be discussed.	45min
<b>Hungarian, European &amp; US education and training guidelines for routes to licensure as MFT</b>		<b>Convenciones</b>
Szabolcs Török-Hungary David Van Dyke-USA Kinga Dupont-Hungary Zsuzsanna Papp-Hungary	The aim of this presentation is to compare the training models and typical training routes leading to licensure in family therapy in the United States and in Hungary. The presentation also discusses the recommendations and requirements of the relevant European, American, and international training guidelines and regulations.	45min

<b>Mental Health Equity for Immigrants in Medical Free clinics</b>		Ejecutivo
Alba Nino-USA	The UCSD Student-Run Free Clinics provide medical services in underserved communities. They exemplify (a) collaboration between different constituents to provide comprehensive services, and (b) flexibility, adaptation, and creativity to integrate mental health services to address the needs of immigrant clients. This model of collaborative care will be presented.	45min
<b>The Role of Medical Family Therapists in Reproductive Healthcare Settings Serving Gender Diverse Patients: a Reproductive Justice Approach</b>		Junta
Gabrielle Gebel-USA	Throughout this presentation, a reproductive justice framework will be utilized while discussing the discrimination that transgender patients experience while accessing reproductive healthcare. This presentation will conclude with specific recommendations for how medical family therapists can improve healthcare for trans and gender-nonconforming people.	20 min
<b>Research and Clinical Uses of The Facilitative Systemic Interpersonal Skills Measure</b>		Junta
Adam Jones-USA	Recent research provides critical insights into skills that distinguish effective and ineffective therapists, however, the unique skills of systemic therapists have not been studied. This presentation presents a measure for evaluating facilitative systemic intervention skills (FSIS) of systemic therapists. This measure has implications for clinical work, research, and training/supervision.	20 min
<b>Safety net configurations and inequalities among low-income, vulnerable families</b>		Forum
Lenore McWey-USA	Worldwide, over 700 million people live in extreme poverty. The consequences of poverty are severe, and children are disproportionately affected. This brief presentation will reveal study results showing distinct safety net configurations for low-income U.S. families, how safety nets change over time, and how they contribute to inequalities.	20 min
<b>"Was that me?"</b>		Forum
Odd Hillesund-Norway Bård Bertelsen-Norway	This presentation discusses the concept of correspondence as it is developed and used by anthropologist Tim Ingold. We suggest that this concept can give new ways of understanding clients' troubles in life, but also when it comes to addressing what psychosocial and therapeutic work is about.	20 min
12:45-13:30	Workshops (45 min.) and Consecutive Brief Section (20 min.)	Room
<b>What would you do? A roundable discussion on supervision of two cases</b>		Exposiciones
Senem Zeytinoğlu-Saydam-Turkey	In this roundable discussion, the presenter will open the space for discussion on two cases she has supervised and has struggled with during the process. The cases will be discussed based on clinical and legal implications, self of the therapist issues and cultural sensitivity.	45min Supervision
<b>Delphi Review for EFT with LGBTQ+ Relationships</b>		Tribuna
Robert Allan-USA Andrea Wittenborn-USA Caitlin Edwards-USA	This presentation reports on the expertise gathered from 51 therapists who regularly use EFT with LGBTQ+ relationships. Using a Delphi method, we surveyed therapists about what changes, additions, or adaptations they make in their EFT work with L or G or B or Q or + relationships. The presentation will focus on a detailed review of therapists should consider at each step and stage of EFT with LGBTQ+ relationships.	45min

<b>Integrating Technology to Advance Family Therapy Training and Implementation *</b>		Consejo
Daniel Santisteban-USA David Santisteban-USA	We present research and advances on Culturally Informed and Flexible Family Based Treatment for Adolescents (CIFFTA). Advances include: 1) an adaptive family therapy that is replicable, 2) the integration of technology into service delivery, and 3) the use of technology and simulation to address barriers to training, coaching, and implementation.	45min
<b>'Looking for cheapest toilet paper': Sociocultural trauma of poverty in couples' dynamics</b>		Convenciones
Ileana Ungureanu-USA	The trauma of poverty is woven into the daily functioning of couples. Therapists should be prepared to assess for the impact of poverty and specifically address this topic. They should also be aware and address their own self-of-the-therapist issues related to socio-economic status.	45min
<b>Small Program to Grow Up to activate self skills beyond hard &amp; soft skills</b>		Ejecutivo
Monica Castañeda-Peru	It is an innovative program because it adds value to integral education. Is a powerful program because it balances the attitude, competition and cooperation of the child and the parents. Our main objective is to awaken the creativity and enthusiasm towards the well-being and integral growth of the family.	45min Spanish
<b>Double minority: Understanding the complexities of Refugee Minority Stress</b>		Junta
Zamzam Dini-USA	While it's commonly known the struggle and difficulty refugees face, their experience is far more complex than just resettlement. Refugees face acculturative stress, as well as minority stress due to racialization, all while trying to cope with their traumatic experiences. To complicate things, these phenomena impact families differently generationally.	20 min
<b>Online Couple Therapy During Covid-19: An HSCED Application *</b>		Junta
Selenga Gürmen-Turkey Yudum Söylemez-Turkey	The current study applies the Hermeneutic Single Case Efficacy Design (HSCED) to examine the effectiveness of a common factors approach to couples therapy across 24 weeks of treatment with a young couple who had to stay apart during the pandemic.	20 min
<b>Creative Supervision with Family Therapists</b>		Forum
Mandi Melendez-USA	Engagement of the person of the therapist in supervision is vital to the successful growth of the new family therapist. This session will introduce the learner to the theoretical reasoning for creative and expressive techniques in family therapy supervision, and highlight interventions that engage the whole self of the supervisee.	20 min
<b>State of the art in the use of media in family therapy</b>		Forum
Meillerais Sandie- Belgium Olivier Sorel-France	The use of media in family therapy need for an inventory of research. The presentation consists of a review of the results of a three-part study: network analysis, semantic analysis and scoping review. The authors doing so will help in laying the groundwork for the evaluation of these techniques.	20 min
13:30-14:15	Recess Break	
14:15-15:00	Workshops (45 min.) and Consecutive Brief Section (20 min.)	Room
<b>Systemic Supervision in Context</b>		Exposiciones

\* This presentation does not qualify for CEUs

William Northey-USA Mark Rivett-USA	Context matters. Yet often the systemic supervision literature focuses on the early stages of clinician development with a focus on traditional brick-and-mortar university training programs. We will explore the importance of context in ongoing competence development. This interactive workshop will explore how consideration of the settings, contexts, and types of supervises enhances the supervision process. In addition, participants will reflect on the systemic interplay between the supervisor, supervisee, their relationship, the client system, and the clinical context.	45min Supervision
<b>Embracing Change: Supporting Clinician Adjustment to Telehealth</b>		Tribuna
Maxine Notice-USA Sofia Georgiadou-USA	The recent global pandemic has fundamentally shifted how MFTs practice clinically with the emergence of telehealth-based services. Presenters will discuss the challenges, adjustments and self-care necessary in digital applications of MFT. This workshop aims to equip clinicians with tools to optimally adjust to and effectively provide teletherapy.	45min
<b>Superwomen: The Work-Family-Balance of Egyptian Career Mothers in Cairo</b>		Convenciones
Jaime Mendoza-Caymen Islands	The presentation focuses on understanding the intersubjective experience of Egyptian career mothers' work-family-balance (WFB) in Cairo, Egypt. Utilizing cognitive dissonance theory, we conceptualize a phenomenological understanding of their sense of purpose, identity, WFB, marital satisfaction, role strain, incongruences they experience, and the choices they make to become Superwomen.	45min
<b>Perspectives on emotion: integrating evolutionary psychology to clinical practice</b>		Ejecutivo
Richard Camino-USA Eunice Malavé de Leon-USA	This presentation provides an evolutionary approach to how emotions, cognitions, and behaviors contribute to human endeavor and psychopathology. In line with Bronfenbrenner's ecological and biopsychosocial models, we offer a psychiatrist's and social worker's perspective on how social, psychological, and somatic interventions may be integrated to improve outcomes.	45min Spanish
<b>Parental alienation experiences of noncustodial fathers: A phenomenological study *</b>		Junta
Sezercan Uçar-Turkey M. Selenga Gürmen-Turkey	The current study explores the experiences of noncustodial divorced fathers in the context of parental alienation after the divorce and custody processes. Semi-structured interviews were held with seven divorced fathers. By using interpretative phenomenological analysis, six group experiential themes and a total of 24 subthemes were found and discussed.	20min
<b>Parenting practices to support caregivers and reduce coercive processes in families</b>		Junta
Kendal Holtrop-USA	Family therapists can help improve parent-child relationships by empowering caregivers to enhance their parenting practices. I will review coercion theory and highlight four positive parenting practices empirically linked to trajectories of change in coercive parenting: emotion regulation, effective communication, problem solving, and monitoring. Implications for practice will be discussed.	20min
<b>"Looking at the future": evolution and transformation of systemic-relational training paths and contexts in the digital age.</b>		Forum
Ilaria Genovesi-Italy Ilaria Di Vecchio-Italy	Training in Psychotherapy has changed over the years. With the pandemic, many schools found themselves forced to offer online lessons to their students, to give continuity to their courses. This contribution derives from a reflection on the isomorphism between training and therapy.	20min

\* This presentation does not qualify for CEUs

<b>Process and Outcome of CFT in Turkey: An Application of Practice Research Network *</b>		Forum
Yudum Söylemez-Turkey M. Selenga Gürmen-Turkey	This study aimed to investigate the effectiveness of couple and family therapy on individual and relational problems and understand the factors that play a role in client change. Client data was collected in two different training clinics in Turkey via an online system called Practice Research Network.	20min
15:15-16:00	Workshops (45 min.) and Consecutive Brief Section (20 min.)	Room
<b>Systemic Supervision Contextualized</b>		Exposiciones
Panel moderated by William Northey-USA Mark Rivett-United Kingdom	To conclude the Supervision Track, the presenters will engage in an interactive discussion with participants and each other to consider the takeaway messages from the day and discuss next steps in advancing systemic clinical supervision around the world.	45min Supervision
<b>Bridging the Ivory Tower to Community Engagement &amp; Collaboration</b>		Tribuna
Shruti Poulsen-USA Rajeshwari Natrajan-Tyagi-USA	In this presentation, we will present our ongoing research and mentoring collaboration with the Southern California South Asian organization, Saahas for Cause. This collaboration with a community agency, takes research, mentoring, and engagement beyond the "ivory tower" of academia and into the communities that serve diverse, BIPOC populations.	45min
<b>Stories of Covid-19: A year in an hour (a retrospective and introspective black box theatre presentation/experience)</b>		Consejo
Charmaine Borda-USA Raquel Campbell-USA	In 2020, our world changed, people pivoted. We experienced a Pandemic as a result of Covid-19. One million deaths were reported in the United States. First Responders served tirelessly. Under mandated lockdowns, and people starving for community, we saw it fit to highlight four unspoken stories from the rubble.	45min
<b>When Love is NOT Blind: Interracial Couples Therapy</b>		Convenciones
Racine Henry-USA	Guidelines for socially just couples therapy with interracial couples. This workshop will explore the social-cultural factors relevant to treating interracial relationships in the U.S. Effective therapeutic strategies for addressing the unique needs of clients in interracial marriages and couple relationships will be provided.	45min
<b>Using Cultural Broaching Skills to Improve Clinical Rapport and Family Understanding</b>		Junta
Scott Schaeffe-USA	Broaching is a set of therapist behaviors and attitudes for addressing racial and cultural differences. Specific broaching behaviors can be used to build rapport between the therapist and clients. Broaching with families is also a tool for helping family members increase their understanding of each other and their relationships.	20min
<b>Engaging in Restorative Practices: Black Women Health &amp; Healing</b>		Junta
Cadmona Hall-USA	How do you begin to heal hundreds of years of socio-cultural/transgenerational trauma within a world of contemporary problems? Developing healthy practices for self-care are especially critical for Black women who are impacted by intersectional experiences of white supremacy and patriarchy in and out of the therapy room. This self of the therapist focused presentation will discuss the vulnerabilities and triumphs experienced by two Black therapists as they negotiated self-care through running and yoga.	20min
16:15-17:00	Workshops (45 min.) and Consecutive Brief Section (20 min.)	Room

\* This presentation does not qualify for CEUs

<b>Transgender and Gender-Expansive Clients and Their Loved Ones: An Ambiguous Loss and Family Stress Approach</b>		Exposiciones
Leslie Guditis-USA	Discussion: Challenges transgender/gender expansive individuals and loved ones face, along with positive changes toward inclusion. Dynamic topic in society and in mental health services. Theoretical framework: Family Stress/Ambiguous Loss. May be foundational theories applied in any clinical discipline where transgender/gender expansive individuals and loved ones present.	45min
<b>Creative Post-trauma Family Interventions</b>		Tribuna
Chaya Possick-Israel	Family trauma therapy interventions will be presented along with theoretical foundation, evidence base, and clinical illustrations. Participants will participate in a creative art experience for constructing a coherent family trauma narrative and in the "tower of hands" intervention, an innovative EMDR technique based on a collective mind-body experience.	45min
<b>We became parents: What are the challenges for our couple? Analysis of relational processes during the transition to parenthood. *</b>		Consejo
Thérèse Scali-Belgium Maria Elena Brianda-Belgium	This presentation focusses on the factors that moderate marital satisfaction during the period of transition to parenthood. We will present the results from two studies: a large quantitative study (N = 534) and a study using a mixed methodology (interviews and questionnaires) with five couples. Therapeutic interventions will be discussed.	20 min
<b>Using Music in Therapy with Relationships, Families, and Individuals</b>		Convenciones
Kristina S. Brown-USA	Music can be used as a creative intervention in therapy with relationships, families, and individuals. Clinicians can use music in different forms including lyric discussion, music and imagery, and receptive music listening. The American Music Therapy Association (AMTA) finds music to be effective for expressing feelings and improving communication.	45min
<b>Good Practices in Perinatal Mental Health for Women during Wars and Migrations: A Narrative Synthesis in the Context of the War in Ukraine</b>		Ejecutivo
Helena Garcia Lopez-Spain	Since the beginning of Russia's aggression against Ukraine, more than 80,000 women were expected to give birth. In this presentation, a narrative synthesis of the current evidence available about the impact of war on the perinatal health of women will be discussed.	45min
<b>Utilizing genograms from a narrative therapy lens</b>		Junta
Evelyn Pechous-USA	This presentation will introduce participants to the use of narrative therapy when creating genograms with clients. It will include a completed narrative genogram for reference, a list of suggested narrative questions to create the genogram, and a list of suggested genogram symbols.	20min Spanish
<b>What you must know about the impact of technological advancement in psychotherapy. *</b>		Junta
Jacqueline Fonseca de Abreu-USA	Mental health professionals must adjust their practice facing the ongoing advancement of technology created to impact people's minds and behaviors. Artificial Intelligence, Brain Computer Interface, and others bring challenges at all levels to psychotherapy. Are you ready for the future?	20min

\* This presentation does not qualify for CEUs

**Friday March 31, 2022**

8:00-16:30	Registration Open	
08:30-09:15	Workshops (45 min.) and Consecutive Brief Section (20 min.)	Room
<b>What About the Perpetual Affair?: Literature and Case Analysis</b>		<b>Exposiciones</b>
Elisabeth Bennett-USA Adam Fisher-USA	Extramarital affairs are often not short-lived--some lasting decades. This presentation reviews available research and walks attendees through case-studies examining unique needs of couples facing perpetual affairs including creative techniques and resolutions developed by therapists and clients perceived as beneficial according to couples seeking to stay married.	45min
<b>Implications of the Pandemic on the Sustainability of Therapists in the Field of MFT.</b>		<b>Tribuna</b>
Denise Williams-USA Joslyn Armstrong-USA	The pandemic has placed unique challenges for MFT therapists; we are experiencing higher rates of compassion fatigue, vicarious trauma and burnout. And for therapists of color, these concerns might be further exacerbated. Thus, it is vital we create a framework of sustainability for therapists in the field.	45min
<b>Should I Stay or Go? Discernment Counseling for Couples on the Brink</b>		<b>Consejo</b>
Linda Hershman-USA	Traditional marriage counseling lacks effective ways of working with couples in which one partner is leaning in and desires to preserve the marriage while the other is leaning out and unsure whether they have the interest for couple's therapy. Discernment Counseling quickly helps couples choose one of three paths: stay the course, move toward separation and divorce, or commit to intensive marriage counseling.	45min
<b>What will happen if you allow your clients to show up forever?</b>		<b>Convenciones</b>
Reinhold Schäfer-Denmark Benjamin Steffen-Nielsen-Denmark Jonathan Josva Schou-Denmark	What is enough social work in a world of disconnected echo chambers during times of change? Beyond individual-focused therapeutics Stepped care and communities of care are elements, supplements or alternatives for systemic collaborative therapy and social work. Workshop on conceptual thoughts & research results on efficiency of Stepped care services.	45min
<b>Encountering Difference: From Othering to Compassionate Curiosity</b>		<b>Ejecutivo</b>
Jennifer Lambert-Shute-USA	The goal of this presentation is to demonstrate how an experiential activity, the Encountering Difference Project, can provide opportunities for students to practice moving from a place of otherness to compassionate curiosity. The presenters will discuss students' experiences and how they shifted their perception of the identified other.	45min
<b>The Transition to Teletherapy: Experiences of Emotionally Focused Therapists</b>		<b>Junta</b>
Francesca Pratt-USA Caitlin Edwards-USA Andrea Wittenborn-USA	This qualitative study assessed the experience of EFT therapists providing telehealth during the COVID-19 pandemic. Therapists described the increased challenge of providing therapy online and adapting in the following ways: intentional session preparation, increased risk assessment, making emotions more explicit, slowing down the therapy process, and providing psychoeducation.	20min
<b>"The Law of the Jungle" Reinterpreted: Empirical Evidence for Contextual Therapy Tenets</b>		<b>Junta</b>
Tatiana Glebova-USA	This presentation will provide a summary of current evidence from developmental and social psychology, sociology, neuroscience and evolutionary biology that supports a notion of critical importance of relational fairness, trust, and trustworthiness for individual and relational well-being that was highlighted early on in Ivan Boszormenyi-Nagy's model.	20min
		<b>Founders</b>
09:30-10:15	Workshops (45 min.) and Consecutive Brief Section (20 min.)	Room

\* This presentation does not qualify for CEUs



<b>Working with unaccompanied migrant children in the U.S.</b>		Exposiciones
Tatiana Melen-dez-Rhodes-USA Helena Garcia Lopez-Spain	In this workshop, we will illustrate our clinical work with unaccompanied migrant children in the United States. Special emphasis will be on the assessment and intervention of trauma using systemic lens. We will provide an overview of the main challenges that therapists might experience while working with this specific population.	45min
<b>Affect regulation in therapy - research of the therapeutic process with the TAR coding system</b>		Tribuna
Saša Poljak Lukek-Slovenia Barbara Simonic-Slovenia Tanja Valenta-Slovenia	At the workshop, we will present the TAR coding system. The coding system enables the identification of therapeutic interventions in family therapy. Through experiential learning, workshop participants will have the opportunity to test the usability of the coding system in a concrete case of family therapy (a case of addiction).	45min
<b>Therapeutic conversations &amp; trauma informed systemic practice: Acknowledging meaning making, inducing calmness and fostering hope in the backdrop of relentless fear and unpredictability</b>		Consejo
Deisy Amorin-Woods-Australia	The presentation relates to my experience of working systemically with individuals and families from CaLD backgrounds with trauma histories including refugees and asylum seekers on detention. It will acknowledge people's narratives while exploring relevant culturally sensitive approaches that aim at building a therapeutic relationship that promotes safety trust & hope.	45 min
<b>Working with feelings of being lost and disconnected in youth</b>		Convenciones
Reinhold Schäfer-Denmark Anja Resen-Denmark Jytte Gandløse-Denmark Signe Nielsen-Denmark Karen Hare Sørensen-Denmark Staffan Røijen-Denmark	In "Ungeliv" ("Youthlife") we have experience with creating spaces of growth for young people and their networks through group therapy. Through our self-developed method OPM - Open Path Method – we seek to help people explore, understand; find new opportunities and courage to create a difference in their lives.	45min
<b>Using PAIRS tools to Enhance Differentiation of Self</b>		Junta
Zeev Appel-Israel	The present paper describes using PAIRS tools to enhance differentiation of self. Bowen's concept of "differentiation of self" is an important aspect in family therapy. The findings indicate improved differentiation of self.	20min
<b>How the Hippocampus affects Relationships</b>		Junta
Johannes Kelder-Australia	Neuroception which is developed in the hippocampus of the brain creates the default "Here we go again" annoyed response or frustrated reaction. The realisation of the this negative default trigger and the ability to respond in a more measured and controlled manner from the frontal lobe greatly assists couple communication.	20min
10:15-10:45	Refreshment Break	
10:45-12:30	Plenary Address: Pauline Boss	Grand Forum
12:45-13:30	Workshops (45 min.) and Consecutive Brief Section (20 min.)	Room
<b>Does play need a shared verbal language?</b>		Exposiciones
Wendy Cortes-USA	How trauma informed, play-based interventions can be delivered without shared verbal language will be explored in this session. Participants will witness how interventions were delivered by graduate students to migrants in a recent study abroad class. Lessons learned from the trip will be shared through photos and narratives.	45min

<b>Accessibility &amp; Equity in CFT Education &amp; Training during the Global Pandemic</b>		Tribuna
Shruti Poulsen-USA Rajeswari Natrajan-Tyagi-USA	We will describe our academic experiences during the global pandemic, shifting CFT education and training programs from on-ground to the virtual platform, and on the isomorphic implications on students, faculty, clients and training programs. We will provide opportunities for participants to discuss their experiences in the CFT training environment.	45min
<b>From Content to Process: Developing Systemic Practice Through Interdisciplinary Supervision</b>		Consejo
Jennifer Gonyea-USA Joshua Boe-USA	We present preliminary findings from doctoral-level systemic supervisors-in-training who provided supervision to masters-level social work students enrolled in an interdisciplinary MFT certificate program. Family Therapy Skills Checklist self-report and self-observations findings indicate that trainees developed a systemic understanding. Strategies for interdisciplinary supervision are discussed.	45min
<b>Innovative adaptations of the Person of the Therapist model for training family therapists</b>		Convenciones
Rebecca Kenyon-USA Kelly Duggan Shearer-USA	The Person of the Therapist Training (POTT) model emphasizes the use of therapists' lived experience to enhance treatment. This presentation introduces two adaptations of the POTT model's structure which provide the original year-long training within one semester, increasing accessibility for use in multiple academic and clinical training settings.	45min
<b>Hope when everything feels hopeless</b>		Ejecutivo
Lennart Lorås-Norway Sari Lindeman-Norway	The topic of this presentation is the supervising professionals working with life situations where it is difficult to maintain hope or create change. It is the work context for many professionals in health and social services and family therapy.	45min
<b>Systemic Relational Psychotherapy Training: New Practices</b>		Junta
Simona Vatteroni-Italy	This work describe an experience outside the training room. The lesson was divided into 3 parts and investigate bond that makes us feel like prisoners. The first part included a guided tour of a prisons, second part a group experience, and the lesson ends with a physical experience in couples.	20min
<b>Triggers of transgenerational traumas in response to the current crisis in Russia</b>		Junta
Tatiana Glebova-USA	This presentation will provide a summary of qualitative studies (Miskova, 2022) that explored transgenerational consequences of previous social traumas as well as current reactions to the war and crisis in Russia. We will discuss factors, identified in those studies, that increase resilience and decrease destructive re-traumatization for future generations.	20min
13:30-14:15	Refreshment Break	
13:45-15:00	Poster Session	
<b>Coming In and Coming Out Stories of International LGBTQ Students in the United States</b>		P1
Jennifer Lambert-Shute-USA	Using narrative inquiry, we present the coming in and coming out stories of lesbian, gay, bisexual, and/or queer international students in the United States. We discuss how aesthetic depictions can construct a fuller understanding of clients' lived experiences, especially for those whose stories do not fit the dominant narrative.	

<b>The Lived Experience of MFTs Working with Incarcerated Youth: A Phenomenological Approach</b>		P2
Jaida Pryor-USA Rebecca Lucero Jones-USA	Existing literature shows the efficacy of family therapy for incarcerated youth, but there is limited literature regarding the experiences of MFTs who provide care in this setting. This study uncovers the experiences of MFTs and provides a clearer picture of the present state of family therapy in juvenile justice settings.	
<b>YUPPY COACHING FOR CONSCIOUS FAMILY THERAPISTS Master of self-knowledge</b>		P3
Monica Castañeda-Peru	Self-awareness, basis of comprehensive education, allows us to be aware of our potential towards an integrated family life. Mastery is achieved when we are aware that on a physical level we are emotional beings and on a non-physical level we are free beings choosing experiences, taking feelings responsibly.	Spanish
<b>Relational Family Therapy approach to addiction in the family system</b>		P4
Barbara Simonic-Slovenia Tanja Valenta-Slovenia	The Relational Family Therapy paradigm looks at addiction and its dynamics in relation to dysfunctional affect regulation. The paper presents approach of Relational Family Therapy in working with an alcohol addicted client and his family (case study), with an emphasis on the aspects of affect regulation.	
<b>Relational Family Therapy – process of affect regulation in the treatment of alcohol addiction</b>		P5
Saša Poljak Lukek-Slovenia	Affect regulation in a therapeutic relationship leads to change in implicit relational perception, which can be defined as a key objective of RFT. The process of change in the treatment of alcohol addiction will be presented through the map of a participant's process and the sequences of therapeutic intervention.	
<b>Coming Out: Considering Everyone's Needs</b>		P6
Jayla-Rae Toorenburgh-Canada Naazim Kotadia-Canada	This presentation outlines the available literature on the processes, procedures, bumps, and supports to be considered by the therapist when assisting in the coming out process. This includes the typical focus on the person coming out as well as the needs of family and other support persons in that process.	
<b>Community engaged research: Working together to enhance diversity, equity, and inclusion</b>		P7
Caitlin Edwards-USA Francesca Pratt-USA Kendal Holtrop-USA	Community engaged research provides a bridge between family therapy scholars and the communities we serve, allowing for the enhancement of evidence-based practice. This poster highlights elements of community-engaged research and illustrates these principles by describing a collaborative project to enhance diversity, equity, and inclusion in a parenting program.	
<b>Exploring the use of Socioculturally Attuned Narrative Therapy (SANT) with the Asian-Indian (AI) Community</b>		P8
Amandeep Singh-USA	This presentation will explore the use of SANT - with AI individuals and families. Case vignette will illustrate the application of SANT in practice with the AI community. There will be considerations for including education about the use of this model in used as a training guide for culturally-affirmed clinicians.	
<b>Cultural Considerations for the Presentation of Depression Among African American Men</b>		P9
Gabrielle Maloney-USA	This presentation will discuss ways for systemic therapists to understand the African American male experience to address the cultural inconsistencies that are present for African American men within the context of depression. Cultural considerations allow for systemic therapists to be mindful of the socio-cultural factors that impact African American men.	

<b>The Hungarian short ECR-R: results of a nationally representative community sample</b>		P10
Kinga Dupont-Hungary	The aim of our poster is to present the psychometric properties of the Hungarian Short Form of the Experiences in Close Relationships – Revised (ECR-R), which is a widely used self-report instrument assessing adult romantic attachment.	
<b>A Comparison Study of Adult Children of Alcoholics and Non-Adult Children of Alcoholics *</b>		P11
Sara Jerebic-Slovenia Drago Jerebic-Slovenia	There were 364 participants taking part in the survey. The results of the analysis showed that statistically significant differences occur in the following dimensions: positive atmosphere, negative atmosphere, misunderstanding and the common Family Household dimension, and couple relationship satisfaction.	
<b>Therapeutic recreational &amp; solution-focused interventions in the schools of sick children</b>		P12 Spanish
Szabolcs Török-Hungary Zsuzsanna Papp-Hungary	Our aim is to present the changes children experience after participating in a school-based intervention applying therapeutic recreation and solution-focused methodology. Classrooms including one or more seriously ill students were involved. Change was observed in self-efficacy which we discuss in the framework of basic needs theory.	
<b>Latinos in Therapy: Negotiating Stigma and Therapy Success</b>		P13
Rebecca Trujillo-USA Joanna Mendez-Pounds-USA	Presenters will discuss original qualitative research exploring the perspectives and experiences of Latinos in therapy. The presenters will discuss themes regarding the ways Latinos negotiate and manage mental health stigma in Latino communities and descriptions of what makes therapy successful for Latinos in the study.	
<b>The Use of Self experiences with Nurse professionals</b>		P14
Fifi Garrette-Lloyd-USA	The Use of Self and the Person of the therapist training have been used among Family therapists to foster therapeutic relationships with their clients and can improve successful outcomes. It is proposed that Use of Self training would also benefit the nurse patient relationship and successful outcomes.	
<b>The Common Factors of Change Scale: A 6-Step Psychometric Scale Validation</b>		P15
Takoma Lindsay-USA Daniel Sanders-USA Alexandra Gillespie-USA	Answering the call for common factor measures, we created the Common Factors of Change Scale (CFCS). The CFCS follows four domains identified as core ingredients of change across models. Our poster presents the psychometric properties and final version of the CFCS, along with implications for how it improves the field.	
<b>Strong Black Woman Narrative: Examining the Impacts on Black College-Aged Women</b>		P16
Rickia Smith-USA Joanna Mendez-Pounds-USA Katherine Newberry-USA	Presenters will discuss original qualitative research exploring the negative influences of the Strong Black Woman narrative on the mental health Black college-age women. The presenters will discuss themes regarding the ways the Strong Black woman narrative negatively influences Black college-age women and impedes access to mental health resources.	
<b>Exploring Black Women’s Experience with Intergenerational Trauma</b>		P17
Rebecca Luceros Jones-USA	We utilized intersectionality as a framework for this interpretative phenomenological study to explore Black women’s experiences with intergenerational trauma. Semi-structured interviews were conducted and analyzed for themes to gain insight into the eleven Black women’s experience.	

\* This presentation does not qualify for CEUs

<b>Defining pornography: a stepping stone for further research</b>		P18
Alexandra Gillespie-USA Takoma Lindsay-USA	A glaring limitation acknowledged in pornography research is the lack of a clear definition which has contributed to conflicting results and an inability to compare studies. To address this issue, our study explores personal definitions of pornography and presents themes to help us come to definitional consensus.	
<b>Couple and Family Therapists in Psychogastroenterology</b>		P19
Daniel Sanders-USA Dave Robinson-USA	With worldwide prevalence for intestinal bowel disease on the rise, bio-psycho-social approaches to treating gastrointestinal illnesses have become increasingly important. We summarize best practices for clinicians that work with patients with gastrointestinal illnesses and examine the position couple and family therapists occupy to further the field of psychogastroenterology.	
<b>Mom Guilt: Too Many Roles</b>		P20
Ashley Mitich-USA	Society and mothers put extreme expectations on the role of a mother. There is this idea that mothers should have every aspect of their life together. Often time's women feel immense guilt because they cannot achieve all these items. What is this guilt and how can we minimize it?	
<b>The Lived Experiences of 2nd Generation Refugees: A Phenomenological Study</b>		P21
ZamZam Dini-USA	Generational differences play a role in how each generation develops their identities, takes on family roles, and maintains mutual understanding with each other. Six individuals were interviewed about their lived experience as 2nd generation refugees in the U.S. and the role trauma has played in their upbringing.	
<b>Reggio Amelia's Creative Curriculum inspired Concepts in Play Therapy</b>		P22
Reanna Barth-USA	This Project examines how Reggio Amelia's curriculum concepts can be integrated into play therapy and the therapeutic space.	
<b>Health Care Access Frustration and Family Resilience in Families of Children with Autism</b>		P23
Chrystal McDowell-USA	This study examined the moderating effect of family resilience on the relationship between ASD severity and frustration with access to care in families of children with ASD. The impact of family resilience on frustration with care access and the differential effect of ASD severity will be discussed.	
<b>The Impact of Mandatory Continuing Education Hours on Disciplinary Violations</b>		P24
Pam Rollins-USA	This study compared the number and type of CE required in 35 US states to the number and type of sanctioned violations incurred by LMFTs. Results indicated the states that required ethics CEs had fewer numbers of professional practice violations, suggesting type of CE obtained matters more than the amount.	
<b>Addressing Barriers of Family Therapy Practice Using an Online Therapy Training Platform *</b>		P25
Melissa Gutierrez-USA	This poster describes challenges to sustaining family therapy teams in a public health setting and an innovative Family Therapy Training and Implementation Platform (FTTIP). The platform uses dynamic animated families that allow trainees to practice their competencies and receive expert feedback. We report on FTTIP's feasibility, acceptability, and outcomes.	
15:15-16:00	Workshops (45 min.) and Consecutive Brief Section (20 min.)	Room

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<b>Metaphoric Meditation in Family Therapy</b>		Exposiciones
Nesteren Gazioglu-Turkey	According to Virginia Satir, meditation is an entrance to the right hemisphere. In this workshop, Gazioglu will present her way of integrating metaphors with meditations.	45min
<b>Hope and Healings for Therapist and their Traumatized Clients *</b>		Tribuna
Sara Jerebic-Slovenia	The participants will be able to try different techniques to get in touch with emotions, provide a clearer insight in trying to understand oneself and develop an emphatic insight into a clients through experiential learning. They will be able to introduce the newly acquired experiences to their family therapy practice.	45min
<b>Making a Life Together While Far Apart: An Exploration of Ghanaian Transnational Marriages</b>		Consejo
Rodlyn Remina Hines-USA	This study explored the causes of relationship strains among transnational couples and the behavioral adjustments/expectancies needed to accommodate relationship disruptions among transnationals. Using the Double ABC-X Model, couples shared their motivation for migration; impact of immigration policies and transnational living on their relationship, revealing realities of transnational living.	45min
<b>Understanding Children from Hard Places, including Fetal Alcohol Spectrum Disorders</b>		Convenciones
Chris Troutt-USA	Taking a closer look at children from a hard place, the contributing risk factors, including prenatal exposure to alcohol on the developing brain and how to utilize Trust Based Relational Intervention® in a practical format.	45min
<b>Navigating Conversations around Sex, Gender, and Cultural Sensitives with Muslim Clients</b>		Ejecutivo
Zahra Somani-USA Nausheen Qureshi-USA Adam Jones-USA	Being a culturally-competent practitioner is necessary skill in today's global environment. This presentation engages clinicians to better serve clients who identify as Muslim. In this didactic and experiential presentation, we provide frameworks, theological principles, and nuances present in the Muslim world to prepare clinicians for more meaningful engagement.	45min
<b>Partners' forgiveness - a healing skill or a dysfunctional coping mechanism?</b>		Junta
Zenobia Niculita-Romania	The workshop offers the opportunity of analyzing forgiveness skills in the framework of couple's therapy. The content is based on results of a qualitative study consisting of in-depth couple interviews and case studies regarding the practice of forgiveness within long term relationships, its healthy mechanisms versus dysfunctional patterns.	20min
<b>Breaking Up With Addiction: An Externalization Metaphor for Substance Use Counseling *</b>		Junta
Peter Epstein-USA	Discussion of an Externalization metaphor to empower clients in substance use treatment, reframing addiction as a toxic ex-partner. Using this Narrative framework, clients are able to process what addiction has taken from their life and, ultimately, "break up" with their addiction.	20min
<b>Family/Community-Based Interventions for Large-Scale Ambiguous Losses *</b>		Forum
Pauline Boss-USA	For times of large-scale disasters, Dr. Pauline Boss' workshop focuses on community-based interventions for ambiguous losses (e.g., family members missing from earthquakes, pandemic, war, terror, tsunami, forced disappearance, migration, immigration, loss of home and land from climate change, etc.)	45min
16:15-17:00	Workshops (45 min.) and Consecutive Brief Section (20 min.)	Room

\* This presentation does not qualify for CEUs

<b>Now She's Mad: Restoring Our Relationship with Mother Nature after Natural Disasters</b>		Exposiciones
Brendan Yukins-USA Marsha Vaughn-USA	The increasing number of natural disasters prompts more clients, particularly adolescents and young adults, to experience climate-related grief and anxiety. Therapists may reframe Nature as a family member, with the accompanying relational dynamics. Interventions addressing uncertainty and powerlessness may be used to actively restore clients' connection with their environment.	45min
<b>A Transtheoretical Integrative Approach for Couple Therapy</b>		Tribuna
Adam Fisher-USA	Integrative systemic therapy (IST) is a comprehensive perspective for the practice of psychotherapy. IST is committed to a transtheoretical integration of evidence-based practices. This presentation will introduce IST and provide ways participants can apply it in working with couples, regardless of theoretical orientation.	45min
<b>Couples Therapy and the Challenges of Building Trust, Fairness and Justice</b>		Convenciones
Manijeh Daneshpour-USA	Justice and fairness are not straightforward matters. This presentation focuses on relational ethics and trust-building to help couples reappropriate individual responsibility and accountability. Clinical strategies and how trust accrues for the couple if there is a fairness of exchange, reciprocity, and equitable give and take will be discussed.	45min
<b>From Surviving to Thriving: Building Community for MFT &amp; Counseling Trainees</b>		Ejecutivo
Dana Stone-USA Shyrea Minton-USA	Black Indigenous People of Color (BIPOC) and sexual/gender minoritized clinicians in training remain at an increased risk for exit from the field post graduate degree. Presenters will share details of a pilot study and support program to build community, counter compassion fatigue, and facilitate retention of these student groups.	45min
<b>Bridging Two Worlds: Supporting Refugee Children and Youth *</b>		Junta
Jan Stewart-Canada	This presentation draws on findings from a three-year research program that examined best practices for supporting refugee youth. Bridging Two Worlds, includes over 30 trauma-informed lessons and activities on topics such as: conflict awareness; social determinants of health; refugee characteristics; culturally responsiveness; and, trauma-sensitivity/mental health awareness.	20min
<b>Stigma, Family Relationships, and Medication for Opioid Use Disorder among Women</b>		Junta
Jessica Chou-USA	This presentation will present original mixed-methods research examining the role of stigma and family functioning among women using MOUD, and identified family members. The relationships between stigma, family functioning, and MOUD treatment will be discussed. Clinical considerations will be provided for therapists working with families impacted by opioid use.	20min
<b>Women's Experience of IFA: Healing, Resilience, and Coping with Ambiguous Loss</b>		Forum
Gift Nleko-USA Raji Natrajan-Tyagi- USA	This poster presentation will present results from a grounded theory study that explored how intermittent father absence (IFA) due to immigration, incarceration, or mental health/substance use impacted women in the US, how participants attempted to cope with this loss, and how they got their needs met in close relationships.	20min
<b>The effectiveness of two group-based interventions for burned-out parents: Results from a multi-method and multi-informant evaluation *</b>		Forum
Maria Brianda-Belgium Thérèse Scali-Belgium	Parental burnout is a prevalent condition resulting from long-term exposure to parenting stress, that may have adverse consequences on the parent, the children, and the wider family system. In this talk, we will discuss results of a study on the effectiveness of group interventions for burned-out parents.	20min

Saturday, April 1, 2023

08:00-16:30

Registration Open

08:30-09:15

Workshops (45 min.) and Consecutive Brief Section (20 min.)

Room

**Poly-parenting: Family therapy with Polyamorous & Consensual Non-Monogamous Families**

Exposiciones

Anita Mehta-Canada  
Sarah Burley-Canada

The traditional nuclear family structure is no longer the norm. Because of limited resources and policies, polyamorous (poly) and Consensually Non-Monogamous (CNM) families are stigmatized. This leaves therapists with few tools to support them. This presentation addresses key themes regarding poly- and CNM-families and provides tools for practice.

45 min

**Basic Family Therapy Skills for Individual Counsellors**

Tribuna

Jeff Chang-Canada

With few family therapy training programs in Canada, competent family therapists are rare. While there are many counsellor education programs, most have little or no family therapy content. In this presentation, Jeff will describe a course designed to orient individual counsellors to begin to work with families.

45 min

**A Delicate Balance: A Medically Integrated Systemic Care with Families Experiencing Hypoparathyroidism and Other Rare Chronic Endocrine Disorders**

Consejo

R. Blaine Everson-USA

This presentation highlights the utilization of a medically integrated systemic approach with patients and family members experiencing chronic illness due to hypoparathyroidism, recovery from cancers of the thyroid, or similar endocrine disorders and offers new directions in clinical approaches to these issues in the clinician's practice with these families.

45 min

**Structural family therapy with ASD children and families**

Convenciones

Anthony Pennant-USA

This presentation will highlight interpretations of a pilot clinical trial that utilized structural family therapy with families who have children with autism. Initial findings show that family-based treatment for families who have a child with ASD respond positively to interventions providing new options of treatment for families.

45 min

**Evolving Narratives: "Who do we think we are?" The Important Legacies of John Byng-Hall for Family Therapy**

Ejecutivo

Tracey Johnston-United Kingdom  
Peter Robinson-United Kingdom

The workshop aims to present the often-overlooked significance of John Byng-Hall's (JBH's) (1937 – 2020) contribution to Family Therapy in terms of his advanced strength-based theories and practices of rescripting family experiences, narratives, myths, legends, attachments and of improvisation for facilitating systems change.

45 min

**Patio, Park, or Picnic Table: Outdoor Therapy is Here to Stay**

Junta

Desiree Seponski-USA

Outdoor therapy increased during the COVID-19 Pandemic. Moving from couch into open-air brings exciting opportunities to be in nature, add exercise to therapy, and promote new perspectives, literally and metaphorically. This presentation reviews existing literature on outdoor therapy, provides case illustrations, and identifies potential ethical and legal issues.

20 min



<b>Learning from implementation of parental guidance to parents with children in state care, a qualitative explorative study</b>		Junta
Anastasia Fedotova-Norway Ragnhild Risholm-Norway	The presentation explores implementation practice of parental support to caregivers with children in state care, focusing on co-creation of services and enablers within systems that support collaboration. The study adds practical knowledge for implementing supporting programs for a marginalized parental group. The results show increased trust between users of state services and civil society.	20 min
09:30-10:15	Workshops (45 min.) and Consecutive Brief Section (20 min.)	Room
<b>Proper use of Vocabulary</b>		Exposiciones
Martine Nisse-France	Network Family Therapy of Incestuous Systems is a Dive into Confusion resulting from Incestuous Homeostasis and its great Resistance to Change. The Destabilization of Language Routines of Professionals involved in Session and Meticulous Listening to Vocabulary allows Children to think the Relation by sorting out Love and Hate.	45 min
<b>Harry Aponte's unique perspective on the person of the therapist</b>		Tribuna
Alba Nino-USA Senem Zeytinoglu-Saydam-Turkey	Harry Aponte developed a training perspective to help clinicians use themselves purposefully in their clinical work by connecting to their own and their clients' humanity. We will present this unique perspective on the use of self in therapy, and on the experiences that led Dr. Aponte to its development.	45 min Founders
<b>Developments and Innovations – Contemporary Family therapy and Systemic Practice in the UK: Training, research and practice *</b>		Consejo
Hannah Sherbersky-United Kingdom Sarah Helps-United Kingdom Shan Tate-United Kingdom	Prof Hannah Sherbersky, CEO - Association for Family Therapy & Systemic practice, Dr Sarah Helps, Editor - Journal of Family Therapy and Shan Tate, board member – IFTA/EFTA, share the latest UK training, practice and research innovations post pandemic, and the impact of social movements highlighting racial and health inequality.	45 min
<b>Procedures as milestones of therapy</b>		Convenciones
Umberta Telfener-Italy	The presenter intends to propose few fundamental procedures that are the key organizational aspects to make therapy processual and generative. Taking into consideration the sender, making an analysis of the request, deciding who to invite to the encounters are only the first of a list that will be proposed.	45 min
<b>How Couples Therapists can Treat Sexual Challenges In Romantic Relationships In Which One Partner Has ADHD/ADD *</b>		Ejecutivo
Sari Cooper-USA	There are unique sexual challenges facing couples in which one partner has ADHD that often go untreated if a therapist is unfamiliar, uncomfortable, or untrained in sexuality issues. Through didactic and clinical examples Sari Cooper CST will provide therapists treatment techniques for specific sexual problems in ADHD/non-ADD partnerships.	45min
<b>Creating a systemic community of practice for spirituality and religion in the UK</b>		Junta
Catherine Rodger-United Kingdom	An exploration of the creation of a systemic community of practice in the area of spirituality and religion in the UK. Reflecting on the journey so far and some of the benefits and new ideas which have emerged.	20 min

	<b>“Communication, Love and Connection” - An interdisciplinary collaboration between the field of family therapy and the field of media</b>	Junta
Karianne Nguyen Knudsen-Norway Maia Helene Aaby Tømmeraas-Norway	“Communication, Love and Connection” is a new digital course designed to support first-time parents cope with changes in their relationship. The Norwegian government invests in children’s wellbeing by strengthening couple’s relationships. The digital course is an interdisciplinary collaboration between the field of family therapy and media.	20 min
	Recess Break	
10:45-11:30	Workshops (45 min.) and Consecutive Brief Section (20 min.)	Room
	<b>Does parenting practices matter to peer victimization and internalizing problems among children and adolescents?: A meta-analysis study</b>	Exposiciones
Sorita Ann-USA	The study examines the relationship between peer victimization, parenting and internalizing problems among children and adolescents.	45 min
	<b>Incorporating Mindfulness Practices into a Marriage and Family Therapy Clinical Training Program</b>	Tribuna
Carrie Hanson-Bradley-USA Holly Hatton-Bowers-USA	A marriage and family therapy clinical training program piloted implementing mindfulness practices into clinical courses, to determine whether using mindfulness and reflective practice as a pedagogical tool changes students’ knowledge, attitudes, skills related to mindfulness, stress reduction, and feeling more emotionally regulated and efficacious as a family therapy student.	45 min
	<b>Multidimensionality of Parental-Growth: A Factorial Analysis and its Clinical Implications</b>	Consejo
Sebastian Perumbilly-USA	“Parental growth” is a clinically important topic for psychotherapists. Based on a mixed-methods research-based survey focusing on parents (n=253), this study (1) identified nine factors associated with the construct of parental growth and (2) explored their clinical implications with a focus on facilitating parents’ growth in psychotherapy.	45 min
	<b>The Impacts of Family Experience on Transition-age Youths with Autism Spectrum Disorder in Hong Kong- A Qualitative Study</b>	Convenciones
Tim Wong-Hong Kong	This study sought to explore the experience of Youths with High-Functioning ASD(HFASD) in Hong Kong who are in their transition stage, identifying the transition challenges that they have faced, and how their parents influence their coping with these transition challenges.	45 min
	<b>The Distress of One-Dimensional Fertility in an African Family: Deconstructing Family Therapy Training</b>	Ejecutivo
Augustine Nwoye-South Africa	Family therapists in Africa are unprepared to respond to couples with the distress of one-dimensional fertility. With one-dimensional fertility the problem is not that of childlessness but the lack of balance or the monotony of one-sidedness in the gender equation of the children born to the marriage.	45 min

\* This presentation does not qualify for CEUs

<b>Newlyweds' Parental Acceptance, Satisfaction &amp; Rejection Sensitivity: Dyadic Mediation *</b>		Junta
Derin Eralp-Cyprus M. Selenga Gürmen-Turkey	Turkish newlyweds' remembered parental acceptance-rejection and marital satisfaction was examined with rejection sensitivity as mediator using Actor-Partner Interdependence Mediation Model. The results indicated that for both wives and husbands, their maternal and paternal acceptance had positive indirect effects on their own marital satisfaction through their own rejection sensitivity.	20 min
<b>The Impact of Gender Role Expectations On South Asian American Women: A Quantitative Study</b>		Junta
Zahra Somani-USA Adam Jones-USA	South Asian culture, which is largely collectivist and community-focused prioritizes certain values differently than the West. These value differences and gender-based roles can cause tension within families. The present study examines how the choices women make about their lives impact their well-being and romantic relationships.	20 min
11:45-12:30	Workshops (45 min.) and Consecutive Brief Section (20 min.)	Room
<b>Risk for Intimate Partner Violence and Homicide: A Research Informed Review</b>		Exposiciones
Chelsea Spencer-USA Sandra Stith-USA	Based on several meta-analytic reviews on factors associated with intimate partner violence (IPV) and intimate partner homicide (IPH), this presentation will review top factors to consider when assessing for potential IPV and IPH when working with clients. Assessment and safety will be highlighted.	45 min
<b>Transitional Family Sculpting: Resolve Cross-Cultural Conflict with Creativity and Action *</b>		Tribuna
Judith Landau-USA	Transitional Family Sculpting incorporates here-and-now, larger environment/ecosystem and intergenerational influences. This experiential method provides families with a springboard from their intergenerational survival strengths to both present and future. They can move forward with vigor, understanding and resolution with the capacity to select their strengths rather than vulnerabilities.	45 min
<b>Perceived Skill and Willingness to Address Child Sexual Abuse: Assessing Serbian Health Workers</b>		Consejo
Jelisaveta Sanja Rolovic-USA	Serbian culture maintains a profound social stigma around CSA. This leads to a trend of under-reporting by children and families, including health care workers. This is the first study to examine health care workers' perceptions and beliefs of CSA, as well as their competence in dealing with such issues.	45 min
<b>The Modern American Family</b>		Convenciones
Rebecca Lucero Jones-USA Jaida Pryor-USA Nausheen Qureshi-USA	The modern family faces unique challenges as family members encounter different racial lived experiences against the backdrop of America's complicated history with racism and prejudice. Our presentation will review literature on multiracial families from 31 prominent MFT and Family Studies journals spanning 20 years, from 2000 to 2020.	45 min

\* This presentation does not qualify for CEUs

<b>Considering the time perspectives of children during parental separation.</b>		Ejecutivo
Olivier Sorel-France	The objective of this presentation is to present, through clinical vignettes, the different postures of the child during the announcement of the separation of his parents. A protocol will be used to describe the different temporalities child and the parents, in light of concepts such as attachment and parental conflict.	45 min
<b>Biggest Breakup Ever</b>		Junta
Katheryn Whittaker-Cayman Islands	So many individuals have a relationship with food. Many times one hears the terms "cheating" or "comfort", which may also be synonymous with relationships. This researcher attempts to raise awareness around the meaning food in peoples lives, it's connection to mental health, and ways to overcome food relationship pitfalls.	20 min
<b>A Cognitive-Behavior Model of Resilience for Use in Family Therapy Practice *</b>		Junta
Kenneth Miller-USA Susan Miller-USA	Authors present a description of the Cognitive-Behavioral Model of Resilience (CBMR) for use in family therapy practice. Authors provide an overview of CBMR development and a comprehensive examination of model structure. Authors explore potential uses of the CBMR in assessment, diagnostic, and treatment to promote individual and family resilience.	20 min
12:45-13:30	Workshops (45 min.) and Consecutive Brief Section (20 min.)	Room
<b>Inclusive Practices with Parents of LGBTQ Youth</b>		Exposiciones
Kristen Benson-USA Christi McGeorge-USA	Children who come out as LGBTQ+ experience a reduction in comparative risk factors when their parents are less rejecting, and positive outcomes when they are accepting to some degree. This session will explore family struggles and address clinical strategies to assist parents in providing greater support to their LGBTQ+ children.	45 min
<b>What every therapist should know about psychopharmacology.</b>		Tribuna
Dave Robinson-USA Emilee Delbridge-USA Douglas McPhee-USA Adam Jones-USA	Approximately 91% of U.S.-based marriage and family therapists treat clients who take psychotropic medication(s). Roughly 80% of MFTs report receiving inadequate psychopharmacological training. In this presentation, we overview psychopharmacological concepts for MFTs. Attendees will be better prepared to address psychopharmacological matters with clients and medical providers.	45 min
<b>Family Systems Therapy with Youth and Families Experiencing Homelessness: Successes and Failures</b>		Consejo
Natasha Slesnick-USA Alexis Pizzulo-USA Caleb Cuthbertson-USA	Family systems therapy (FST) will be reviewed for three subpopulations experiencing homelessness: runaway youth residing in temporary shelters, substance using mothers and their children, and youth disconnected from services but living on the streets. Each group will be described, and the successes and failures of FST will be discussed.	45 min

\* This presentation does not qualify for CEUs

<b>Mental or physical illness in families – the research networks CHIMPS-NET and CARE-FAM-NET</b>		Convenciones
Theresa Paumen-Germany Nele Reinsberg-Germany	An individual's illness affects their entire family, and individual-centered care is often insufficient. The German research networks CHIMPS-NET and CARE-FAM-NET aim to improve the situation of affected families via implementing and evaluating new family-based interventions to transfer them into routine care.	45 min Supervision
<b>Satir Online!</b>		Ejecutivo
Nesteren Gazioglu-Turkey Sibel Erenel-Turkey	During the pandemic, the vast majority of therapists shifted online. Most of them continue online therapy sessions. This workshop will share tools that therapists can use online with their clients. The central perspective will be Satir Transformational Systemic Therapy Model.	45 min
<b>Understanding the mother-son relationship concerning the son's alcoholism *</b>		Junta
Drago Jerebic-Slovenia Sara Jerebic-Slovenia	We wanted to verify whether there are differences in the attitude and feelings towards the mother, parental care and connection between recovering alcoholics and individuals who did not practice harmful alcohol use. The sample consisted of 219 participants. We will explain the results through an understanding of the group therapy process, in which seven recovering alcoholics were involved for nine months. The findings will help family therapists; we will provide guidelines for appropriate family therapy for individuals who have developed alcohol addiction syndrome.	20 min
<b>Addiction based treatment and Problematic Pornography Use</b>		Junta
Alexandra Gillespie-USA Takoma Lindsay-USA	Problematic pornography use is a rising clinical issue many therapists are seeing in their clinical work. There is a divide amidst professionals if pornography is addictive. Using an addiction-based framework can be beneficial. Clinicians need to understand clinical implications of framing pornography use as an addiction in their treatment.	20 min
13:30-14:15	Recess Break	
14:15-15:00	Workshops (45 min.) and Consecutive Brief Section (20 min.)	Room
<b>Strengthening children in two homes: Resilience-oriented family therapy in divorced families in prolonged conflicts</b>		Exposiciones
Jan Stokkebekk-Norway Ingeborg Huglen-Norway Thomas Nordvik-Norway	We want to present the resilience-informed therapeutic approach "Strengthening Children in 2 Homes" for families who have lived with long-term parental conflict after divorce. We will show a documentary of "therapist-in-training" to learn the approach. Central concepts and ethical dilemmas will be discussed with workshop participants.	45 min

\* This presentation does not qualify for CEUs

<b>Collaborative Documentation: Writing Joint Progress Notes</b>		Consejo
Michael Reiter-USA Desiree Barrionuevo-USA	This presentation explores the process of collaborative documentation wherein therapist and client jointly write the progress note for the therapeutic session. We describe the philosophical underpinnings of collaborative documentation, the practicalities of co-constructing the progress note, and potential limitations in its practice.	45 min
<b>Addressing Ambiguous Loss in the Foster/Adoption Triad: A Collective Case Study</b>		Convenciones
Meghan Roetto-USA	Ambiguous loss for those impacted by adoption/foster care is a traumatic relational loss with long-term effects. This study explores the symptoms of ambiguous loss in children who have been adopted or in foster care. Key findings, interventions, and a newly developed ambiguous loss assessment tool will be shared.	45 min
<b>Using Narrative Tree of Life to Enhance Family Resilience During Tough Times</b>		Junta
Martha Mason-USA	Tree of Life is a narrative tool which can be used by counselors to enable families to reclaim their hope, connection, and ability to thrive during difficult life situations. This presentation describes how TOL was used with families trying to cope during the COVID-19 pandemic.	20 min
<b>The Effect of Emotional Support on the Mental Health of Immigrant Parents Children with Autism Spectrum Disorder</b>		Junta
Soyoul Song-USA	Challenges faced by immigrant parents entering a new society with their children with ASD are complex. These new challenges include renegotiating gender roles, acculturative stress, and mental illness. The evidence suggests that stress is higher among immigrant parents also shows that those stresses can be mitigated through emotional support.	20 min
15:15-16:00	Workshops (45 min.) and Consecutive Brief Section (20 min.)	
<b>Consent-based training for Relational Therapists</b>		Exposiciones
Fiona O'Farrell-USA	Global access to the internet is changing the ethical considerations of therapists and evolving how power and influence is managed in the therapeutic relationship. This presentation will present an integrated approach to training clinicians in their ethical development informed by consent-based practices from Betty Martin's Wheel of Consent.	45 min
<b>The importance of relationships in therapy: How to facilitate change in systems</b>		Tribuna
Kristoffer Whittaker-Norway	In this lecture findings concerning the association between trauma, therapeutic relationships and outcome in couple therapy will be presented. As well as being clinically relevant, suggestions will be given on how research may be conducted in a clinical context to better understand complex phenomena in couple and family therapy.	45 min

\* This presentation does not qualify for CEUs

<b>The Great Disconnect: Education, Research and Practice</b>		Consejo
Aníbal Torres Bernal-USA	This presentation will discuss how education, practice and research are disconnected from one another, and whether this gap can be bridged. The presenter will discuss both clinical and administrative case examples.	45 min
<b>How We Research What We Practice, part I: Evidence based practice as a useful paradigm</b>		Convenciones
Lennart Lorås-Norway Terje Tilden-Norway	Some within the systemic field expresses skepticism towards the nomothetic knowledge that is acknowledged in psychotherapy in general. This creates an unfortunate scientist-practitioner gap. We rather suggest the usage of Evidence Based Practice that would elevate the systemic field's professional level and exchange with adjacent fields.	45 min
<b>The Wisdom of the Body: Somatic Approaches to Couple and Family Therapy</b>		Ejecutivo
Jake Johnson-USA	In this workshop, extant body-based approaches to family therapy will be reviewed, literature on somatic experiencing from other mental health disciplines will be highlighted, and examples of how to integrate body-based interventions with family systems will be offered. "Body-of-the-therapist" considerations will also be addressed.	45 min
<b>"Pour a little sugar on it, honey": romantic relationship influence on metabolic syndrome *</b>		Junta
Veronica Viesca-USA Parker Garrett-USA	This workshop describes systematic review findings examining the bi-directional relationship between Metabolic Syndrome and couple relationships. Results will provide practitioners with an understanding of the physiological processes involved in insulin regulation and neurobiological implications. Conversely, we will discuss the neurobiological and physiological implications of couple distress on glucose regulation.	20 min
16:15-17:00	Workshops (45 min.) and Consecutive Brief Section (20 min.)	
<b>Using Art and "Wounded Healer" Narratives to Enhance Students' Compassion and Attunement</b>		Exposiciones
Kelly Duggan Shearer-USA	Understanding ourselves as "wounded healers" promotes spiritually inclusive work, empathic attunement, and compassion. This interactive presentation introduces a teaching innovation that integrates the Person of the Therapist Training model, spiritual narratives of suffering, and art to deepen student therapists' compassion for self and others.	45 min
<b>Gatekeeping the Profession: Supervisors' Role</b>		Tribuna
Pam Rollins-USA	This lecture will present the rationale for the supervisor's role as gatekeeper, explore the current literature on supervisors' effectiveness as gatekeepers, and provide a review of best practices for supervisors.	45 min

\* This presentation does not qualify for CEUs

<b>How We Research What We Practice, part II: Systemic family research</b>		Convenciones
Jan Stokkebekk-Norway Kristoffer Whittaker-Norway	We will present why we believe that a program of systemic family research is necessary. Our proposition forwards the need to apply mixed methods and advanced statistics to better our understanding of complex relational processes and associated outcomes. Also, the necessity for reflexivity is evident in multidimensional systemic research.	45 min
<b>Evolving Technology in Clinical Training</b>		Ejecutivo
Christopher Habben-USA Sarah Lyon-USA	For many years, family therapy educators have relied on various practices to simulate clinical experiences for both student learning and skill assessment. New technologies afford educators the opportunity to introduce mixed-reality clinical simulation into the classroom learning environment and into the program assessment of student skill.	45 min
<b>As the Bird Leaves the Nest: Fathers' Role in Adjustment to University</b>		Junta
Özge Alkanat-Turkey	University life usually begins during the emerging adulthood phase and involves components related to family relations and interactions. Research results on the determinative role of fathers in university adjustment will be shared during the presentation.	20 min
<b>The Therapeutic Alliance in Couple Therapy: Patterns by Treatment and Sex in a Randomized Controlled Trial of Emotionally Focused Therapy and Treatment as Usual</b>		Junta
Meng Fang-USA	This study identified the growth pattern and differences in alliance for both genders and two treatment conditions. Our findings showed a stronger initial alliance for female partners than male partners and a higher alliance for female partners receiving EFT after the first session than female partners receiving TAU.	20 min



**NOTES:**



**International Family  
Therapy Association**

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Therapy Association**

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## BENEFITS OF MEMBERSHIP

### ***JOURNAL OF FAMILY PSYCHOTHERAPY***

As a member of IFTA you will receive a subscription to the Journal of Family Psychotherapy. This is the official journal of IFTA and is sent to you electronically as part of your membership fee and is available online.

### ***INTERNATIONAL CONNECTION***

The online International Connection newsletter provides you with updates about the organization and additional articles written by members worldwide.

### ***FAMILY THERAPY E-NEWS***

A Members Only Research E-News Forum is sent quarterly highlighting research in marriage and family therapy.

### ***WORLD FAMILY THERAPY CONGRESSES***

A special World Congress discounted registration fee is available every year for members attending the annual World Family Therapy Congress. Networking is one of the highlights of an IFTA Congress; many 2014 Congress attendees said, 'the best networking congress ever!'

### ***IFTA MEMBERSHIP DIRECTORY***

An IFTA Member Directory is available to members only by request.

### ***IFTA and IFTA CONGRESS WEB SITES***

IFTA maintains a web site that contains information on upcoming World Family Therapy Congresses, Association information, news, and occasional articles.

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## TYPES OF MEMBERSHIP

### ***INDIVIDUAL MEMBERSHIP***

This membership is for the professional mental health practitioner. Whether you are in a private practice, work for an agency, or would just like to learn more about family therapy from an international perspective. Memberships are available for one, 3 or 5-years with a discount for multiple year memberships.

### ***STUDENT MEMBERSHIP***

Student members are currently enrolled in programs leading to a graduate degree or post-graduate certificate in marriage and family therapy or a related mental health field.

### ***GROUP MEMBERSHIP***

A group membership allows family therapy clinics or hospitals or academic departments to become a member of IFTA. This membership allows up to 3 professionals to be included in the group at a discount.

### ***LIFETIME MEMBERSHIP***

This one time fee of \$1000 provides membership benefits as long as the member desires.

### ***BECOMING A MEMBER***

You may become a member of IFTA by credit card through the IFTA web site application: <https://www.ifta-familytherapy.com/application/> You may also contact the Secretariat for a fax application form.

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## IFTA BOARD OF DIRECTORS JULY 1, 2022 – JUNE 30, 2023

IFTA is the professional association for those interested in the field of marriage and family therapy throughout the world. As such, it is the only organization that provides unity for therapists from east to west, respecting traditional approaches and embracing the tradition of tomorrow.



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2023 – 2025

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## DIRECTORS AT LARGE

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Martine Nisse, Cert.F.T., France  
Senem Zeytinoglu, Ph.D., Turkey

**2021-2024, Term Ends June 30, 2024**

Reggie Berger, PhD, Switzerland  
Gloria Baldwin Schultz, MPS, Canada  
Shan Tate, MSW, United Kingdom

**2022-2025, Term Ends June 30, 2025**

Linna Wang, PhD, USA  
Sebastian Perumbilly, PhD, USA  
Anibal Torres, PhD, USA

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## CONGRESS STAFF



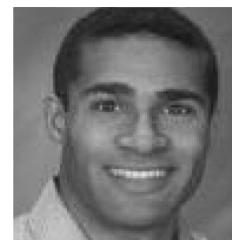
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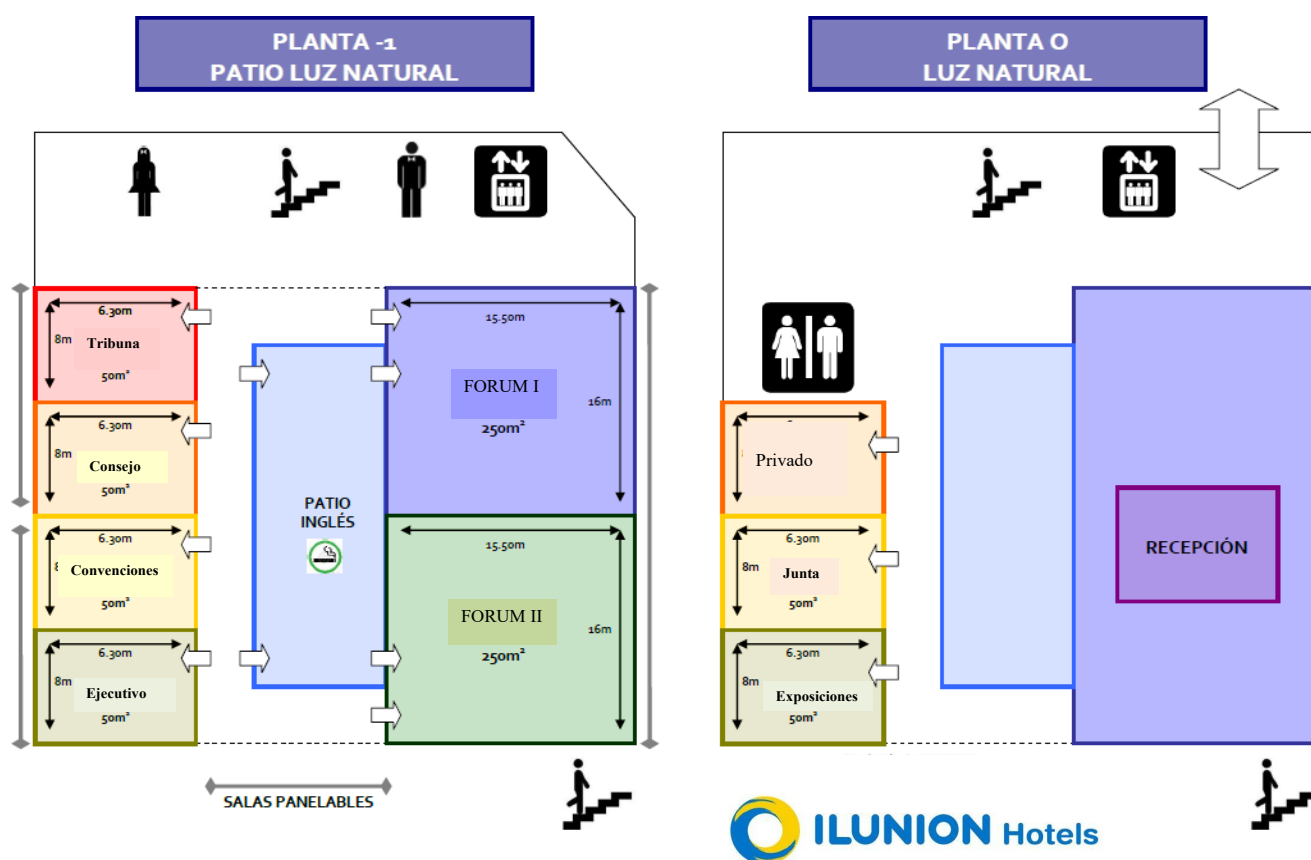


**Cristal Moreno Aguilar**  
Event Coordinator



**Grace Hopkins**  
Event Coordinator

## MAP OF MEETING ROOMS



## INTERNATIONAL ACCREDITATION COMMISSION FOR SYSTEMIC THERAPY EDUCATION

Created as a semi-autonomous body under the auspices of the International Family Therapy Association (IFTA), the International Accreditation Commission for Systemic Therapy Education (IACSTE) focuses on the development and implementation of quality standards for programs around the world that provide systemic therapy education and training. These standards are created to enhance the development of professionals who will be qualified to provide systemic therapy for individuals, couples, and families in the communities in which they live and work. Both Tier 1 (Primary) and Tier 2 (Advanced) sets of standards were created to enhance the development of professionals who will be qualified to provide systemic therapy for individuals, couples, and families in the communities in which they live and work.

Congress attendees may request a consultation with Commission members here in Málaga. Contact the Registration Desk and ask them contact Dr. John Lawless for an appointment.

The Standards and Application for accreditation are available at:  
<http://www.ifta-familytherapy.org/MFTaccreditation.html>

# AFTA

American Family Therapy Academy

## THERAPY IN ACTION: PRACTICE-BASED EVIDENCE

JUNE 22 - 24, 2023  
Royal Sonesta Baltimore



**Join us in Baltimore, MD!**

**OPEN TO ALL -- CE UNITS WILL BE OFFERED**

### **Why AFTA?**

**Our conferences are “structured for dialogue and intimacy, something you cannot find at other conferences. AFTA feels like home.”**

The 45<sup>th</sup> Annual Meeting and Open Conference will highlight the lived experience of practitioners through therapy in action. That is, our focus will be on how family-centered, systemic therapy can look different across a variety of settings, people, places, and social locations. We seek to embrace the new patterns of engagement, hope, and transformation that can emerge when we continuously shift whose vision takes the lead. We seek to do so with a spirit of kindness, open hearts, and shared wonder about ourselves and one another.

### **Plenary Speakers include:**

- Patricia Romney, EdD
- Judith Landau, MD, DPM, LMFT, CLE
- Manijeh Daneshpour, PhD

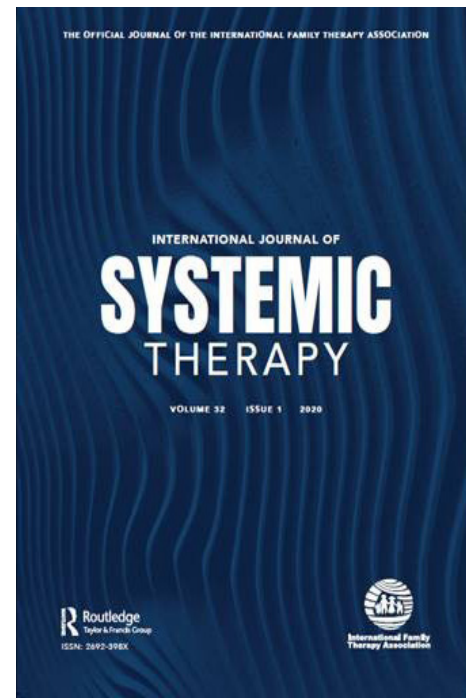
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## IFTA'S NEW JOURNAL

The Journal is a unique, peer-reviewed journal designed for practicing clinicians as well as academics that offers empirical studies, treatment reports, theoretical discussion, and strategies in clinical practice from family psychotherapy scholars from around the world. The Journal offers empirical studies, program reports, strategies in clinical practice, and theoretical discussions and essays. Additional specialty sections include Family Therapy Around the World, Intervention Interchange, Family Therapy and Mental Health, and Media Reviews. The Journal also regularly publishes special issues on various topics guest-edited by experts in diverse areas of family psychotherapy. The Journal is editorially and administratively managed by IFTA, and published by Taylor & Francis.

The Journal Editor is Todd Edward, Ph.D., from the University of San Diego, CA. Look for his workshop.

A free subscription to the Journal is part of membership in IFTA. For more information, contact the IFTA General Secretary:  
wjhiebert@aol.com.



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## CONGRESS LOYALTY DISCOUNT REGISTRATION RATE

If you are attending this 2023 World Family Therapy Congress, you are able to register for the 2024 World Congress in Toyama, Japan at a Loyalty Discount Rate that will be announced at the Friday morning plenary.

Stop by the IFTA Registration desk and we will help you register at the special price.

# 2024 World Family Therapy Congress Toyoma, Japan

April 9 - 13, 2024



The 2024 World Family Therapy Congress of the International Family Therapy Association will be in Toyoma, Japan. The Congress will be held at the Toyoma Civic Center and the DoubleTree by Hilton Hotel will serve as the Congress hotel. We invite you to join colleagues from around the world.

Like all IFTA Congresses, it will feature many approaches to a variety of problems and ways of coping with them. The congress aims to help heal hurting couples and families in various cultures.

## Call for Proposals:

Watch [ifta-congress.org](http://ifta-congress.org) for OPEN date & Registration Opening

Proposals are sought for the in the following categories:

- Brief Presentation (20 minutes)
- Lectures/workshops (45 minutes)

## Proposal Information:

<http://ifta-congress.org/docs/GeneralGuidelines.pdf>

<http://ifta-congress.org/docs/StudentGuidlines.pdf>

## The Congress Languages:

The Official Language of the congress is English and all abstract proposals must be submitted in English. Workshops, however, will be in English, Mandarin, and Japanese.

## Students:

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