

# 2018 World Family Therapy Congress Bangkok, Thailand Featured Presenters



**John k. Miller**

85% of the Earth's population reside

## **Family Therapy in the “Majority world” Creating and Adapting Models to Fit Non-Western Contexts**

Most models of family therapy were developed in the West, where only 15% of the world's population resides. This presentation will explore, with case examples, the utility of adapting Western family therapy for “majority world” contexts where over 85% of the Earth's population reside

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**John Miller** is a Professor at Fudan University in Shanghai, as well as an adjunct Professor at the Royal University of Phnom Penh in Cambodia. He is a past Fulbright Senior Research Scholar to China (2009-2010) and the founder of the Sino-American Family Therapy Institute (SAFTI). He has recently published several articles and a book chapter on subjects related to the presentation.



**Susanna Wong Ip**

## **Filial Piety, a legacy of Confucianism has become problem to family therapy in modern China.**

Cultural differences between East and West may be confusing goals in family therapy. Filial Piety, a legacy of the Confucian tradition, highly regarded as a virtue in the traditional Chinese family, is suspected of reasons for depression, anxiety, and aggression.

**Susanna Wong Ip** is a family therapist, trainer and supervisor. She travels frequently to China to conduct seminars, workshops and to train counselors. She is also a professor of Bethel Bible Seminary and Gratia Christian College.



**Zhao Xudong, M.D.**

## **A Chinese Family Therapy Model: Practical Techniques and Strategies**

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Systemic Family Therapy is a useful therapeutic model for Chinese families. Chinese therapists have merged systemic family theories and traditional Chinese approaches to mental health leading to new and novel methods in clinical settings. In this workshop, Dr. Zhao will demonstrate some of these novel practices using video recordings of his clinical cases.



**Wendel Ray**

## **Virginia Satir, MSW, and the First Family Therapy Training Program: Celebrating Satir's 100th Birthday**

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When psychiatrist Don Jackson founded The Mental Research Institute (MRI), he invited Virginia Satir to be Director of the Family Therapy Training Program. Drawing from 123 surviving audio recordings of family therapy interviews, teaching seminars, lectures, print documents and photos, Satir's pioneering teaching of Conjoint Family Therapy will be a Featured Presentation at the 2018 World Family Therapy Congress.

**Wendel A. Ray**, Ph.D. is the Don D. Jackson Archivist and a professor in the Marriage and Family Therapy Program at the University of Louisiana, at Monroe, Louisiana, USA.



**David Hale**

**David Hale**, Ph.D. is the Director of the Online Systemic Studies Program in the Marriage and Family Therapy Program at the University of Louisiana, at Monroe, Louisiana, USA.



**Anna Low**

## **Becoming More Fully Human: Peace Within, Peace Between and Peace Among**

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At one of her workshops toward the end of her career, Virginia Satir (1916-1988) said, "I'm working now for something called - Becoming More Fully Human - so that we can bring together all of this information and make it a part of ourselves. I think peace in the world has to do with peace in the human being. My peace work is Peace Within - meaning harmony. Peace Between - meaning congruence. And Peace Among - meaning that everyone out there can be valued." In this presentation I will share my picture of, "bring together all of this information", that Virginia Satir referred to, plus suggestions for how we can "make it a part of ourselves", and for what? Hopefully, for world peace.

Anna Low is the founding President of the Satir Centre (Singapore). She has served as a Board Member of the International Family Therapy Association (IFTA) and is its current Recording Secretary. Anna is a Clinical Member of the Satir Institute of the Pacific and was a recipient of the Satir TST Leadership award in 2011 for her leadership and contribution to the development of the Satir Model in Singapore.

Anna obtained her Degree in Accountancy from the National University of Singapore and Masters degree in Counselling from the University of South Australia. She has also received extensive training in the Satir Model as a therapist, clinical supervisor and trainer. Anna is a Master Clinical Member and Approved Clinical Supervisor with the Singapore Association for Counselling and is also a Registered Social Service Professional in Singapore.



**Joyce Ma**

## **MFT Supervision in Asia**

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The profession of Marital and Family Therapy (MFT) in some Asian regions has been rapidly growing during the last decade, and thus, the demand for the MFT supervision also has increased accordingly. This presentation focuses on specific issues of MFT supervision in Hong Kong, Korea, and Japan respectively. Firstly, in Hong Kong psychiatric nursing is heavily influenced by the bio-medical model. It is a great challenge for the trainer to assist them to apply systemic and developmental perspectives in family assessment and treatment for families of a member suffering from a mental illness. This presentation will report the results of a qualitative inquiry, which aimed

to unfold the process of learning of the psychiatric nurses from 42-hours of family therapy training in Hong Kong. Implications of the study for future family therapy training and supervision will be discussed. Secondly, the research and training experiences of video supervision using mobile phones in Korea is presented. Mobile record is useful for visual supervision as well as for the clinical use with participation from the clients. When using the video supervision, supervisees tend to learn easily about the dynamics of family system, therapeutic techniques, multiple realities, self-reflection, and the influence of therapist's role on the therapeutic process. In the case of the client's participation in video supervision, client's self-confrontation and reflection are easily drawn, which helps their problem solving as well. Lastly, the effectiveness of international supervision is presented by two experimental groups of Asian therapists. 1) Therapists from Japan, Korea and Taiwan meet annually over the last ten years for international peer consultation groups. Families in East Asian region share the same cultural heritage, but different in the contemporary social changes. MFT cases are presented from each region to highlight cultural perspective of the family and the work of therapists. 2) Therapists from different culture get together and create a safe enough small group to share their person of the therapist issue. Being away and not sharing cultural/social context create high level of trust and self-disclosure.